

# Let's Walk & Talk...

Autumn 2019

A great way to stay healthy, meet people and learn about our fair city.



Comhairle Cathrach  
Bhaile Atha Cliath  
Dublin City Council

## Let's Walk and Talk 'Car Free Day'

**Join Eanna Ni Lamhna Sunday 22<sup>nd</sup> September 2019 Meeting Trinity College at 11.00am**

Since 2002, European mobility week has improved public health and quality of life through promoting clean mobility and sustainable urban transport. The campaign gives people the chance to explore the role of city streets and to experiment with practical solutions to tackle urban challenges, such as air pollution. Join Eanna Ni Lamhna for a very special Walk and Talk on 'Car Free Day' for a stroll in the local area.

## Blessington Basin Park – Dublin City Centre

**Thursday 26<sup>th</sup> September 2019 at 11.00am**

Meet outside the entrance of the park on the North Circular Road (Doyle's corner end).

Join Eanna Ni Lamhna for a relaxing stroll and talk in this lovely park which provides a secret garden for local residents and visitors alike. Measuring 0.75 hectares, the park is located in the heart of Dublin's North Inner City, within easy walking distance of O'Connell street the park provides a vital retreat for local residents and a large student population in this vibrant area of the city where parks users can usually relax, play, exercise and enjoy the picturesque mature trees and flower displays. The park also provides a pleasant route on the way to and from the adjacent Public Library on the North Circular Road.

## Social Inclusion Week special with Pat Liddy

**Tuesday 1<sup>st</sup> October 2019 at 10.00am**

Meet at Dublin City Council Woodquay Venue.

Join Pat Liddy, Author and Artist, in the Woodquay Venue, Dublin City Council for an enlightening talk on "Social Inclusion in Dublin through the ages." This talk must be booked in advance through Eventbrite

## Iveagh Gardens with Eanna Ni Lamhna

**Wednesday the 2<sup>nd</sup> October 2019 at 11.00am**

Meet at the entrance to the gardens at Clonmel Street at the bottom of Harcourt Street.

Join Eanna Ni Lamhna as she walks us around these delightful gardens

## Docklands Tour with Pat Liddy

**Thursday 3<sup>rd</sup> October 2019 at 11.00am**

Starting at Connolly Luas stop finishing at Grand Canal Quay (Opposite the Bord Gáis Energy Theatre).

At Grand Canal Docks, once the largest shipping Dock complex in Europe, you will see a series of interesting sites including a former U2 studio, the spectacular Bord Gáis Energy Theatre, and of course the River Liffey. Then you will discover the weird yet wonderful diving bell, the traditional Ferryman pub, the striking Samuel Beckett Bridge, the Jeanie Johnston famine sailing ship, the Custom House, and the evocative Famine Memorial. Don't miss all the surprises and highlights of this walk.

## The Liberties with Pat Liddy

**Wednesday 16<sup>th</sup> October 2019 at 11.00am**

Meet outside St. Catherine's Church on Thomas Street.

Pat Liddy will bring us through the Liberties, the heart of old Dublin and the core of a new Dublin. He will put the spotlight on safe walking, and the benefits it can have for our health, our environment, and bank balance!

# Let's Walk & Talk... Weekly Schedule

The 'Weekly Walking Groups' are led by a dedicated team of volunteers from the community and demonstrate how collaboration between the community and Dublin City Council can produce such positive results. *All walks are FREE, last about 90 minutes and no advance booking necessary.*

**Contact:** If you wish to be added to our email mailing list or if you require further details, please contact us on 222 5084 / 222 6549 (between 9–5pm), via email at [letswalkandtalk@dublincity.ie](mailto:letswalkandtalk@dublincity.ie)

Time & Day	Meeting Point	Details	Other Information
2pm, Saturdays	Car park next to the Dropping Well Pub, Milltown Road, Dublin 6	A walk along the River Dodder and environs	Milltown LUAS Stop nearby
2pm, Sundays	Parkgate Street entrance to Phoenix Park, Dublin 7	A walk in the park or surrounding areas. Visitors to Dublin welcome.	Buses 26, 66, 66A, 66B, 67 and Museum Luas stops nearby
11am, Mondays	Outside the Halfway House Pub, Ashtown, Navan Road, Dublin 7	Walks along the Royal Canal, in the Phoenix Park and many other places	Ashtown Train Station and Buses 37, 38, 39 & 70 stop nearby
9.30am, Tuesdays	Memorial Garden, Stardust Park, Coolock, Dublin 17	A 45 minute walk around the Park followed by a cup of tea and chat	
2pm, Tuesdays	Outside The Barge Pub, Charlemont Street, Dublin 2	Walks along the Grand Canal and within Dublin 2/4/6 areas	Bus 44 and Charlemont LUAS stop nearby
2pm, Wednesdays	Outside Raheny DART Station, Raheny Village, Dublin 5	A walk to Dollymount Strand, through St. Anne's Park or beyond!	Raheny DART and Buses 29A, 31, 31B, 32A & 32B stop nearby
2pm, Wednesdays	Plaza (beside Hilton Hotel) opposite entrance to Kilmainham Gaol, Inchicore Road, Kilmainham, Dublin 8	A walk along the Grand Canal or around this historic area	Buses 79 & 79A stop nearby
2pm, Wednesdays	William Conyngham Monument, Kildare Place, Kildare Street, Dublin 2	A walk through the city or beyond whilst talking in <b>Spanish!</b>	Meeting Point in the city centre
2pm, Thursdays	Sandymount Green, Sandymount Village, Dublin 4	A stroll along Sandymount strand or to neighbouring suburbs	Bus 1 stops nearby
11am, Fridays	Meeting House Square, Temple Bar, Dublin 2	A walk in the city or beyond whilst talking in <b>Irish!</b>	Meeting Point in the city centre
2pm, Fridays	William Conyngham Monument, Kildare Place, Kildare Street, Dublin 2	A walk through the city or beyond whilst talking in <b>French!</b>	Meeting Point in the city centre

**Note:** Neither Dublin City Council or any of the walk leaders/volunteers can be held responsible for any injury or loss caused to participants on any of the walks. In the interest of your own safety, please be vigilant and careful when crossing roads and junctions. It is advised that you first consult with your doctor if you have a medical condition or are not used to regular exercise. Walks do not take place on bank holidays/public holidays or during times of ice/snow/dangerous weather conditions.